



“Jesus Crowned With Thorns”...

FROM THE GOSPEL ACCORDING TO - **MARK** - :

“[W]eaving a crown of thorns, [the soldiers] placed it on him. They began to salute him with, ‘Hail, King of the Jews!’ and kept striking his head with a reed and spitting upon him. They knelt before him in homage.” (Mark 15:17-19)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace to reflect before we speak, so we can avoid injuring anyone – for You Yourself tell us, *“whoever is angry with his brother will be liable to judgment, ...and whoever says, ‘You fool,’ will be liable to fiery Gehenna” (Matt 5:22)¹. (cf. SLC, p. 308)*

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to controlling the tongue, St. John Chrysostom says, *“The tongue is like the horse of a king. If it has reins and is trained to trot along obediently, the king can ride it; but if it is allowed to roam free, galloping along without bit or bridle, it becomes a steed for the devil and his demons.”*

(GIOVANNI CRISOSTOMO, *La bestemmia*)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

1 Our Father ...
5 Hail Mary ...
1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...